



SKINMEDICA®

YOUR  
SKINMEDICA®  
METHOD

A SCIENCE-BASED SKINCARE REGIMEN  
TAILORED TO YOU

# YOUR SKINMEDICA<sup>®</sup> METHOD

**A SCIENCE-BASED SKINCARE REGIMEN  
TAILORED TO YOU**

SkinMedica<sup>®</sup> is a groundbreaking leader in science-based, age-defying skincare. Your SkinMedica<sup>®</sup> Method is a regimen tailored to your skin's unique needs.

From treatment to take-home  
SkinMedica<sup>®</sup> products are formulated to complement  
in-office treatments and procedures.

Enhance your results with a daily regimen  
customized for you.

Create your own combination of products to reveal  
healthier-looking, glowing skin.



**HOW WE FACTOR YOUR SKIN'S NEEDS  
INTO OUR ENTIRE LINE:**

**THE CLEANSE FACTOR**

AN ARRAY OF CLEANSERS FOR EVERY SKIN TYPE

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**THE GROWTH FACTOR**

GROUNDBREAKING SCIENCE FOR SKIN  
THAT'S TRANSFORMED

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**THE CORRECT FACTOR**

TARGET A WIDE VARIETY OF SKIN CONCERNS

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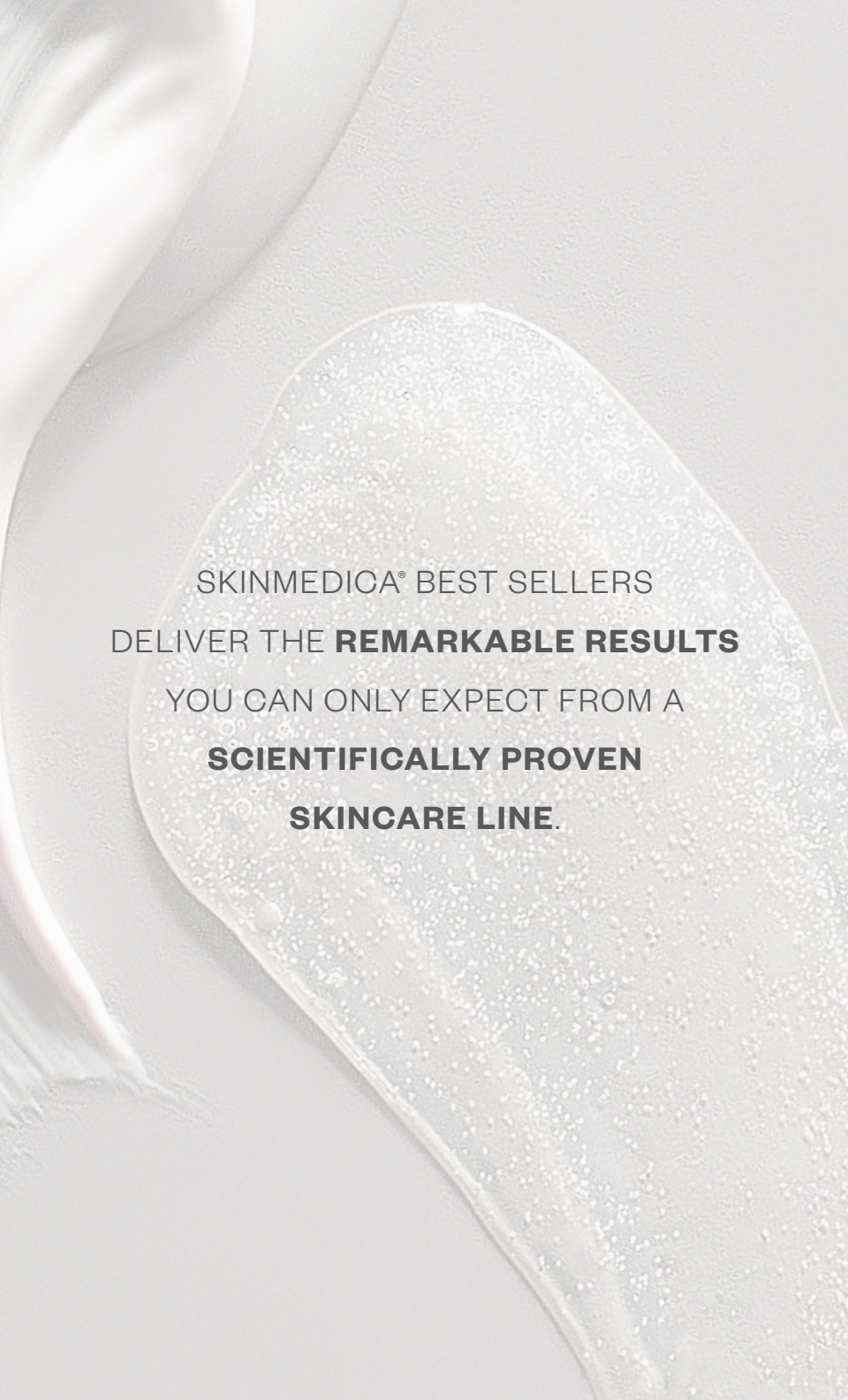
**THE HYDRATE FACTOR**

ESSENTIAL HYDRATION SKIN NEEDS

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**THE PROTECT FACTOR**

EVERYDAY PROTECTION FOR ALL SKIN TYPES



SKINMEDICA® BEST SELLERS  
DELIVER THE **REMARKABLE RESULTS**  
YOU CAN ONLY EXPECT FROM A  
**SCIENTIFICALLY PROVEN**  
**SKINCARE LINE.**

# AHA/BHA EXFOLIATING CLEANSER

THOROUGHLY CLEANSES AND GENTLY EXFOLIATES SKIN



+ This elegantly formulated exfoliating cleanser gently scrubs away dead skin, improving the appearance of skin tone and texture

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## FOR

All skin types

## HOW TO USE



Apply as the first product used in your morning and evening skincare routine, as tolerated.

## KEY INGREDIENTS

**Lactic Acid, Glycolic Acid, Citric Acid, and Malic Acid (derived from natural extracts)**

reduce the appearance of wrinkles and enhance skin texture

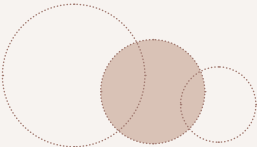
**Jojoba Oil** gently exfoliates, minimizing irritation to skin

**Salicylic Acid** helps exfoliate skin

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## AMOUNT

Nickel-sized amount



# TNS<sup>®</sup> ADVANCED+ SERUM

## NEXT-GENERATION GROWTH FACTOR BLEND



Growth factors are natural substances made by skin cells and play a pivotal role in maintaining firmness and elasticity in your skin. Our products featuring TNS<sup>®</sup> growth factor technology deliver improvements in the appearance of fine lines, wrinkles, skin tone, and texture.

- + This skin-rejuvenating formula improves the appearance of coarse wrinkles, fine lines, skin tone, and texture starting in just 2 weeks<sup>1</sup>
- + Two powerful blends—TNS<sup>®</sup>-MR and **RENESSENCE (RSC) Advanced**—work together for our most comprehensive results
- + It's the only growth factor product proven to address sagging skin

### FOR

All skin types

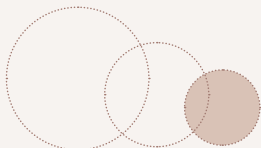
### HOW TO USE



Apply in the morning and evening after cleansing and toning. Dispense on the back of hand and blend together before applying to face.

### AMOUNT

Dime-sized (1 pump)



### KEY INGREDIENTS

#### Chamber 1: TNS<sup>®</sup>-MR

**Next-generation growth factor blend** supports healthy skin functions

#### Innovative Peptide Complex

nourishes your skin

#### Chamber 2: RENESSENCE (RSC) Advanced

#### French Flax Seed Extract

supports repair functions

**Marine Extract** supports skin's renewal processes

#### Green Microalgae Extract

supports collagen and elastin levels

## CLINICAL STUDIES SHOW

### 6 YEARS YOUNGER

Patients felt they looked up to 6 years younger after 12 weeks.<sup>1</sup>

### IMPROVEMENTS IN THE APPEARANCE OF SAGGING SKIN

Significant improvements in the appearance of sagging skin after 8 weeks.<sup>1</sup>

### PROGRESSIVE IMPROVEMENT

Subjects felt increasingly more satisfied with continued use measured over 24 weeks.<sup>1</sup>

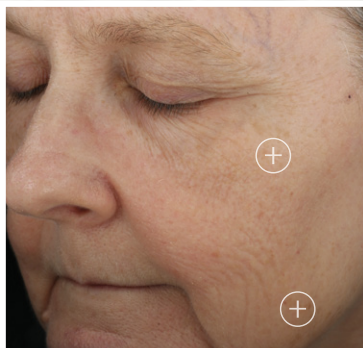
## BEFORE & AFTER



**BASELINE**

**FEMALE, AGE 60**

Fitzpatrick Skin Type II. Unretouched photos, taken with standard lighting of subject at baseline and after twice-daily use of TNS® Advanced+ Serum. **Individual results may vary.**<sup>1</sup>



**2 WEEKS**



**BASELINE**

**FEMALE, AGE 68**

Fitzpatrick Skin Type II. Unretouched photos, taken with standard lighting of subject at baseline and after twice-daily use of TNS® Advanced+ Serum. **Individual results may vary.**<sup>1</sup>



**24 WEEKS**

# TNS RECOVERY COMPLEX<sup>®</sup>



- + Provides gradual improvements in the appearance of fine lines and wrinkles
- + Enhances skin tone and texture
- + Appropriate for all skin types, including sensitive skin

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## FOR

All skin types

## HOW TO USE



Apply in the morning and evening after cleansing and toning.

Apply to your entire face (neck and chest if desired)

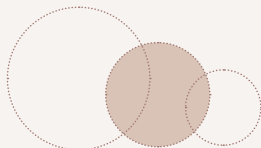
## KEY INGREDIENTS

**Human fibroblast conditioned media (TNS<sup>®</sup>)**

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## AMOUNT

Nickel-sized amount





# LUMIVIVE™ SYSTEM



- + Two step antioxidant system
- + Defends against environmental aggressors during the day; supports skin's recovery overnight
- + Amplifies any skincare regimen

## FOR

All skin types

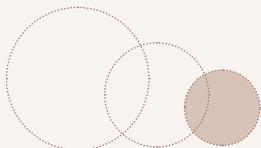
## HOW TO USE



LUMIVIVE™ System should be applied daily – 1 pump of LUMIVIVE™ DAY and 1 pump of LUMIVIVE™ NIGHT after cleansing in the morning and evening respectively

## AMOUNT

Dime-sized (1 pump)



## KEY INGREDIENTS

LUMIVIVE™ DAY Defense Serum

**Envaille™ Technology includes:**  
(exclusively from SkinMedica®)

- + **Theobroma cacao seed extract**
- + **Alteromonas ferment extract**
- + **Bioflavonoids**

LUMIVIVE™ NIGHT Revitalize Complex

**ENVIGORATE™ Technology includes:**

(exclusively from SkinMedica®)

- + **Mitoquinol mesylate**
- + **Mirabilis jalapa callus extract**
- + **Pentapeptide-34 trifluoroacetate**

# LYTERA<sup>®</sup> 2.0 PIGMENT BRIGHTENING SERUM

DELIVERS EVEN SKIN TONE



- + An advanced pigment-brightening serum formulated for all skin types
- + Addresses the appearance of stubborn, uneven skin discoloration, dark spots, and patches
- + Optimizes results of multiple treatment approaches, including chemical peels, laser therapy, microdermabrasion, and prescription skincare products

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## FOR

All skin types

## HOW TO USE



Apply twice daily after cleansing and toning skin in the morning and evening. Lytera<sup>®</sup> 2.0 can be applied to the entire face, neck, chest, or other affected areas.

## KEY INGREDIENTS

**Tranexamic Acid** helps correct the appearance of hyperpigmentation

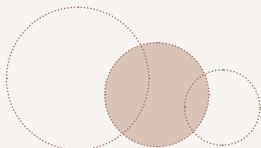
**Phenylethyl Resorcinol** helps support melanin balance to correct the appearance of hyperpigmentation

**Niacinamide and Tetrapeptide-30** help prevent the appearance of new spots while balancing the appearance of skin tone

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## AMOUNT

Nickel-sized (1-2 pumps)



**Marine Extract Blend** helps to correct and prevent the appearance of hyperpigmentation while supporting a healthy skin barrier

## CLINICAL STUDIES SHOW

### SUBJECT SATISFACTION\*

AT 4 WEEKS, **91%** of patients said  
"Diminished the appearance of dark spots"

AT 8 WEEKS, **95%** of patients reported  
"Helped to fade the brown spots on my skin"

AT 13 WEEKS, **100%** of patients said  
"Made my skin tone look more even"

\*(n = 20)

## BEFORE & AFTER



**BASELINE**



**2 WEEKS**

### FEMALE, AFRICAN-AMERICAN, AGE 40

Fitzpatrick Skin Type V. Unretouched photos, taken with standard lighting of subject at baseline and after twice-daily use of Lytera® 2.0 Pigment Brightening Serum. **Individual results may vary.**<sup>1</sup>



**BASELINE**



**12 WEEKS**

### FEMALE, HISPANIC-AMERICAN, AGE 54

Fitzpatrick Skin Type IV. Unretouched photos, taken with standard lighting of subject at baseline and after twice-daily use of Lytera® 2.0 Pigment Brightening Serum. **Individual results may vary.**<sup>1</sup>

# RETINOL COMPLEX

SKIN RENEWAL IN A POWERFUL FORMULA



- + Enhances skin tone, texture, and resiliency
- + Diminishes appearance of fine lines and coarse wrinkles
- + Encapsulated with PhytoShield™ Complex, an antioxidant complex that provides targeted retinol delivery and minimizes irritation typically associated with the use of retinol products

**RETINOL COMPLEX IS AVAILABLE IN 3 STRENGTHS: 0.25, 0.5, and 1.0**

Your skincare professional will determine the appropriate strength for you.

## FOR

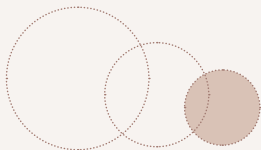
All skin types

## HOW TO USE (

Apply in the evening after cleansing and toning and before applying moisturizer. If a retinol product has never been used before, begin twice a week 2 to 3 days apart, increasing frequency slowly until daily use is tolerated.

## AMOUNT

Dime-sized (1 pump)



## KEY INGREDIENTS

**PhytoShield™ Complex** protects the retinol for stabilized, targeted delivery that enhances skin texture through exfoliation

**Retinol (Vitamin A)**

**Dunaliella Salina Extract**

**Magnolia Grandiflora Bark Extract**

**Niacinamide**

**Palmitoyl Tripeptide-8**

## CLINICAL STUDIES SHOW

**100%** of Retinol Complex 1.0 patients agreed  
"Makes skin feel firmer"  
(n = 21)

**92%** of Retinol Complex 0.25 patients agreed  
"Makes skin look brighter and healthier"  
(n = 24)

**80%** of Retinol Complex 0.5 patients agreed  
"Increases skin radiance and clarity" at week 12  
(n = 20)

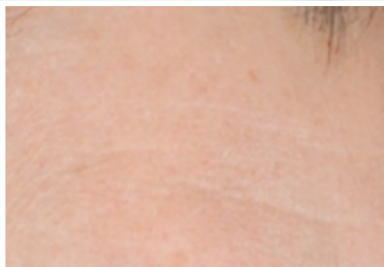
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## BEFORE & AFTER

### RETINOL COMPLEX 0.5



**BASELINE**



**8 WEEKS**

**FEMALE, AGE 54**

Fitzpatrick Skin Type III. Unretouched photos, taken with standard lighting of subject at baseline and after once-daily use of Retinol Complex 0.5. **Individual results may vary.<sup>1</sup>**

### RETINOL COMPLEX 1.0



**BASELINE**



**12 WEEKS**

**FEMALE, AGE 59**

Fitzpatrick Skin Type III. Unretouched photos, taken with standard lighting of subject at baseline and after once-daily use of Retinol Complex 1.0. **Individual results may vary.<sup>1</sup>**

# HA<sup>5</sup>™ REJUVENATING HYDRATOR

THE ULTIMATE IN HYDRATION



- + Delivers both immediate and long-term benefits
- + Immediately smooths the appearance of fine lines and wrinkles and supports the skin's natural ability to replenish its hyaluronic acid
- + Contains 5 different forms of HA that work synergistically

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## FOR

All skin types

## HOW TO USE

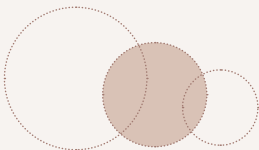


Because HA<sup>5</sup>™ Rejuvenating Hydrator is a water-loving substance, wet fingertips prior to applying to skin. Apply twice daily before your moisturizer.

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## AMOUNT

Nickel-sized (1-2 pumps)



## KEY INGREDIENTS

### Proprietary VITISENSE®

**Technology** harnesses potent antioxidants found in Vitis flower stem cell extract. Combined with peptide complex and polysaccharides from French Polynesia, this technology restores natural long-term hydration of the skin

**Vectorized Time Release HA** is a SkinMedica® proprietary ingredient blend for sustained release of HA

**Sodium Hyaluronate** for immediate hydration

**Noncross-linked HA** for smoothness and hydration

**Nano HA** soothes skin

**Cross-linked HA** provides long-lasting hydration for up to 8 hours

## CLINICAL STUDIES SHOW

### IMMEDIATE AND CONTINUED IMPROVEMENT<sup>1</sup>

Improves the appearance of skin texture

Smooths the appearance of fine lines around the eyes and on the forehead

**AT 8 WEEKS, 83% OF PATIENTS AGREED** that HA<sup>57M</sup> made their skin look and feel more plump (n = 23)

## BEFORE & AFTER



**BASELINE**

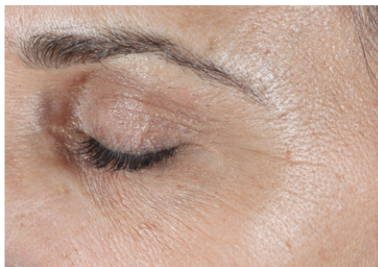
**MALE, AGE 63**

Fitzpatrick Skin Type II. Unretouched photos, taken with parallel-polarized lighting of subject at baseline and after the first application of HA<sup>57M</sup> Rejuvenating Hydrator. **Individual results may vary.**



**15 MINUTES AFTER  
FIRST APPLICATION**

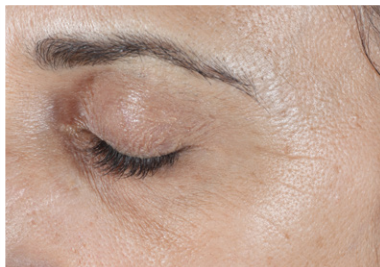
HA<sup>57M</sup> was applied and remains on skin.<sup>1</sup>



**BASELINE**

**FEMALE, AGE 50**

Fitzpatrick Skin Type IV. Unretouched photos, taken with parallel-polarized lighting of subject at baseline and after the first application of HA<sup>57M</sup> Rejuvenating Hydrator. **Individual results may vary.**



**8 WEEKS**

Product was not left on the skin in this photo.<sup>1</sup>

# DERMAL REPAIR CREAM

## SMOOTH TEXTURE AND FEEL



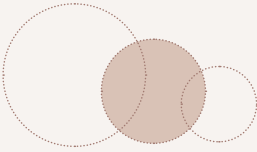
- + Provides intense skin hydration
- + Helps replenish moisture
- + Improves smoothness

### HOW TO USE ☀ ☾

Gently massage a small amount all over your entire face (neck and chest if desired). Apply twice daily after cleansing, toning, and applying treatment products.

### AMOUNT

Nickel-sized amount



### FOR

All skin types

### KEY INGREDIENTS

This ultra-rich moisturizer helps prevent moisture loss and improves smoothness to restore skin's natural beauty.

**Tetrahexyldecyl Ascorbate**  
**Tocopheryl Acetate**  
**Tocopheryl Linoleate**  
**Hyaluronic Acid**  
**Algae Extract**

# TNS<sup>®</sup> EYE REPAIR

## IMPROVES SMOOTHNESS AND HYDRATION



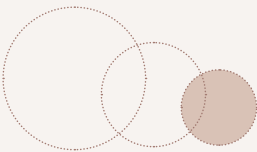
- + Reduces the visible signs of aging around the eyes
- + Improves smoothness and hydration around the eyes
- + Specifically targets fine lines, wrinkles, and dark circles

### HOW TO USE ☀ ☾

Apply to the skin underneath eyes and around the outside corners of the eye area. Avoid eyelids. Apply a thin layer with fingertip to the skin.

### AMOUNT

Dime-sized amount



### FOR

All skin types

### KEY INGREDIENTS

Human Fibroblast conditioned media(TNS<sup>®</sup>)  
Palmitoyl tetrapeptide-7  
Palmitoyl oligopeptide  
Tetrahexyldecyl ascorbate  
Tocopheryl acetate  
Retinyl palmitate  
N-Hydroxysuccinimide Chrysin  
Boron Nitride



# TOTAL DEFENSE + REPAIR

EVERYDAY PROTECTION FOR ALL SKIN TYPES



- + Revolutionary, daily superscreen protects skin from harmful infrared rays and improves the appearance of sun-damaged skin for all skin types
- + Advanced formula with a powerful blend of antioxidants and moisturizing agents repairs dry skin and protects the skin's moisture barrier
- + Reduces the appearance of lines and wrinkles while supporting the skin's ability to restore itself

AVAILABLE IN SPF 34 - TINTED OR CLEAR

## FOR

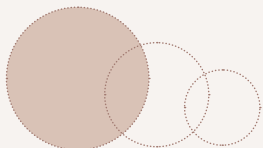
All skin types

## HOW TO USE

Apply in the morning as the last product in a skin regimen, at least every 2 hours if in direct sunlight. Apply generously to face and other sun-exposed areas

## AMOUNT

Quarter-sized (2-3 pumps)



## ACTIVE INGREDIENTS

TOTAL DEFENSE + REPAIR  
BROAD SPECTRUM SPF 34  
SUNSCREEN

**Zinc Oxide 8.0%**  
**Octinoxate 7.5%**  
**Octisalate 3.0%**

TOTAL DEFENSE + REPAIR  
BROAD SPECTRUM SPF 34  
SUNSCREEN (TINTED)

**Zinc Oxide 8.0%**  
**Octinoxate 7.5%**  
**Octisalate 3.0%**  
**Titanium Dioxide 3.5%**





YOUR  
SKINMEDICA®  
METHOD

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FROM TREATMENT  
TO TAKE-HOME

SkinMedica® take-home skincare products  
are formulated to complement in-office  
treatments and procedures.

Enhance your results with a daily regimen  
customized for you.



# SKINMEDICA®

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## FROM TREATMENT TO TAKE-HOME

SkinMedica® take-home skincare products are formulated to complement in-office treatments and procedures. Enhance your results with a daily regimen customized for you.

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SKINMEDICA.CA

SHARE YOUR EXPERIENCE

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**References:** 1. Data on file at SkinMedica®

**CAUTION:** Do not use Retinol Complex if you are pregnant, lactating, or planning to become pregnant. Mild redness, peeling, and irritation are expected when using this product. Use a sunscreen and limit sun exposure while using this product and for a week following discontinuation.

**Sunburn alert:** AHA/BHA Exfoliating Cleanser contains an alpha-hydroxy acid (AHA) that may increase your skin's sensitivity to the sun and particularly the possibility of sunburn. Use a sunscreen, wear protective clothing, and limit sun exposure while using this product and for a week following discontinuation.

**IMPORTANT! SUNSCREEN IS REQUIRED TO OPTIMIZE AND MAINTAIN THE RESULTS OF USING LYTERA® 2.0 PIGMENT BRIGHTENING SERUM.**

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Aesthetics**  
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